

**UPDATED
BROCHURE**

**DATES
EXTENDED**

**56th NATIONAL & 25th
INTERNATIONAL
CONFERENCE OF
INDIAN ACADEMY OF
APPLIED PSYCHOLOGY
(IAAP)**

18th - 20th February 2021

Theme:

ACTUALIZING HUMAN POTENTIAL



**Organized by:
DEPARTMENT OF PSYCHOLOGY
PUNJABI UNIVERSITY
PATIALA - PUNJAB
(INDIA)**



ABOUT PUNJABI UNIVERSITY

Punjabi University, Patiala, the second University in the world to be named after a language, was established by the Punjab Assembly under the Punjab Act No. 35 of 1961 in the erstwhile princely state of Patiala, with the main objective of furthering the cause of the Punjabi language. Housing over 70 teaching and research departments, spread over 600 acres of land, the beautiful campus boasts of 1500+ teachers imparting education to 14000+ students in a multi-faceted, multi-pronged and multi-faculty environment. Punjabi University has been untiringly fulfilling educational requirements all over Punjab through more than 270 affiliated colleges, 9 neighbourhood campuses, 14 constituent colleges and 6 regional centres. NAAC has awarded the University a 'Five Star' grade in the first cycle (2002-07) and 'A' grade in the second (2008-13) and third (2016-21) cycles. The University's performance in sports has been equally unmatched with the distinction of having won the Maulana Abul Kalam Azad (MAKA) Trophy, which is awarded by the Government of India for promoting competitive sports at the University level, 10 times (6 consecutive times). Most recently, EW India Government University Rankings 2020, has placed Punjabi University at the first position at the State level and at the 18th position in the National ranking list of 150 State Universities of India

ABOUT DEPARTMENT OF PSYCHOLOGY

The Department of Psychology was established in 1987, which marked the Silver Jubilee year of the University. The strength of the Department lies in its

dedicated and highly qualified staff comprising of 4 Professors, 5 Associate Professors, 2 Assistant Professors, 3 Senior Technical Assistants and other Supporting Staff. Currently, the Department is running a M.A. course in Psychology along with 2 Post-Graduate Diplomas (P.G. Diploma in Counselling Psychology & P.G. Diploma in Child Development and Counselling) and a Ph.D. programme. While the thrust area of the department is Counselling Psychology, other specialization areas of the faculty include Clinical Psychology, Personality, Creativity, Organizational Behaviour, Experimental Psychology, Cognitive Psychology, Social Psychology, Sports Psychology, Forensic Psychology, Cyber Psychology, etc. The Department consists of 3 laboratories, namely, the Experimental lab, Testing lab and Biofeedback lab, which are well-equipped with psychological tests and instruments. Research activities are further facilitated through a Nodal-Computer laboratory as well. The department continuously endeavours to achieve academic excellence in Teaching, Research and Counselling.

ABOUT PATIALA (PUNJAB)

Patiala, the 4th largest city in the state & the administrative capital of Patiala district, is in North-Western India. Patiala, home town of Chief Minister, Maharaja Amarinder Singh Punjab, was constructed by Ala Singh, who founded the royal dynasty of Patiala State in 1763. Patiala has emerged as a major education centre in the state of Punjab. The city houses the Punjabi University, Thapar University, Maharaja Bhopinder Singh Punjab Sports University, National Institute of Sports, Rajiv Gandhi National University of

Law, Khalsa College, Mohindra College, Multani Mal Modi College, Govt. Medical College, Govt., Ayurvedic College, Rajindra Hospital, Govt. College of Physical Education, Govt. College for Girls, Govt. Bikram College of Commerce. The tourist attractions of Patiala city include Kali Devi Temple, Gurudwara Dukh Niwaran Sahib, Bahdurgarh Fort, Qila Mubarak Complex, Sheesh Mahal, & Baradari Gardens, North Zone Cultural Centre. The intricate and beautiful art work of Phulkari, the bright colours of Patiala Pagri, Parandi and Jutti form the essence of the rich cultural heritage of the city. Patiala is well connected by road and rail with major cities like Chandigarh, Amritsar and Ludhiana.

INDIAN ACADEMY OF APPLIED PSYCHOLOGY

One of the most prestigious and esteemed professional bodies dedicated to the application of Psychology across spheres in India. The IAAP was established in the year 1962 at Presidency College, Madras and it is one of the largest bodies of psychology with more than 1950 life members. It has grown into a professional body with a large number of members active in research. With the aim of promoting Applied Psychology at the National and International level, IAAP extends active support to the fraternity of Psychologists through Annual Conferences, Workshops, Training Programs and Special Lectures. The Academy publishes a bi annual Research Journal - "Journal of the Indian Academy of Applied Psychology". In addition, the academy has to its credit publications that include several conference proceedings, books and a publication manual. It has

instituted various awards to inspire, encourage and appreciate the work of researchers in psychology.

IAAP ANNUAL AWARDS

- **NITTTTER- IAAP AWARD:** A Certificate and Cash Award is given every year for the research work in M. Phil, Ph. D. or Project funded by any funding agency.
- **DR. P. DEIVASENAPATHY - IAAP YOUNG SCIENTIST AWARD:** A Certificate and Cash Award is given every year during annual conference with the IAAP specific guidelines available on website.
- **PROF. ANIMA SEN AWARD:** A Certificate and Cash Award is given every year for the best article published in the Journal of Indian Academy of Applied Psychology.
- **PROF. MRS. MANJU THAKUR MEMORIAL AWARD:** A Certificate and Cash Award is given every year for the distinguished innovative work in Research/Test construction and Book Publication.
- **PROF. DEEPAK BHAT AWARD:** A Certificate is given every year for best paper presentations in each of the Scientific Session during IAAP annual conference.
- **PROF. S. SULTAN AKHTAR MEMORIAL AWARD:** A Certificate and Cash Award for the best Community Extension work in the preceding year in any area of Applied Psychology.
- **PROF. PARMOD KUMAR-IAAP YOUNG PSYCHOLOGIST AWARD:** A Certificate and Cash Award is given every year during annual conference with the IAAP specific guidelines available website.
- **PROF. K.V. KALIAPPAN MEMORIAL AWARD:** A Certificate and Cash Award for the best Research

Community Extension Work conducted in Rural setting during the year in Area of Applied Psychology.

- **SMT. NAINA SINGH MEMORIAL AWARD:** A Certificate and Cash Award is given every year for the distinguished innovative work in Research, Book Publication & Application of Psychology Particularly on/with/by female participants.

All applications along with the Full paper/ Nominations for awards listed above should reach before **20th January, 2021** to Prof. Nov Rattan Sharma, Secretary, IAAP, Department of Psychology, M.D. University, Rohtak-124001. (M: 09355612805, Email: sec.iaap@gmail.com)

For further details/conditions visit IAAP website: www.iaap.org.in

ABOUT THE WEBINAR/CONFERENCE

Conceptualization of self-actualization and the vision of humanity, prevalent among the humanistic psychologists, has been constantly evolving as reassessment of values and goals is taking place in society. The definition of human potential and total health is a reflection of this value shift. This conference intends to help bring back these seminal ideas, and integrate them into modern theory and research on holistic well-being. The conference will provide a global forum for academicians, professionals, researchers, and students to discuss about their research endeavours, studies, findings, new ideas and concepts, contributions and developments related to the theme and subthemes with the aim to bring forth intellectual, physical, emotional, social and spiritual aspects in

order to optimize human potential for the enrichment and benefit of mankind.

The COVID-19 pandemic has imposed unprecedented changes in our personal and professional lives. Governments around the world are still issuing restrictions on travel, gatherings, and meetings in an effort to limit and slow the spread of the virus. We acknowledge that our face-to-face meeting is and will remain the ideal format to share knowledge and research. However, in light of the health and safety of our participants, we see the online conference as the best alternative to keep the spirit of our Global Psychology community alive. Following the advice and guidelines from healthcare officials and Centre/State governments, all scientific sessions during IAAP-2021 will be organized in VIRTUAL MODE. The registered authors will present their papers online and attend all online sessions including workshop/symposium/collegium events.

The inaugural/valedictory session may be conducted offline in Punjabi University Campus, Patiala in the presence of IAAP officials and will be streamed online. The Dept. of Psychology, Punjabi University would strictly adhere to COVID-19 safety precautionary measures during the inaugural /valedictory sessions. Interstate travel guidelines will be followed as per the advisory issued by different states at that time.

Regular updates will be shared on the following websites:

IAAP (www.iaap.org.in)

Punjabi University(www.punjabiuniversity.ac.in)

We extend a heartfelt thanks in advance to all the participants for becoming a part of this online conference . Although IAAP -2021 cannot be held offline, yet we assure you of the highest quality of academic deliberations at the event.

We look forward to seeing you at online IAAP -2021.

SUB THEMES OF THE WEBINAR/CONFERENCE

The Conference deliberation will be on the following Sub-themes:

1. Enhancing Human Potential: Psychological Insights
2. Psychological Well-Being: Bio-Psycho-Social-Spiritual Influences
3. Dealing With Existential Crisis In 21st Century
4. Impact Of Digital Media On Psychological Well Being
5. Creating The New Normal: Psychological Perspectives
6. Mental Health And Psychosocial Support In Crisis
7. Woman and Child Mental Health: New Frontiers- New Goals
8. Combating Substance and Behaviour Addictions
9. Issues and Concerns Of Special Population: Psychological Insights
10. Tapping Yoga, Meditation and Nature Based Therapies For Holistic Wellness
11. Developing Greater Meaning In Life- Role of Positive Psychology
12. Applied Psychology: Current Trends and Future Directions

13. Interdisciplinary research - Bridging Gaps and Transcending Boundaries
14. Contribution of Eastern Perspectives in fostering Mental Health
15. Psychosocial Issues in Punjab: Critical insights

OTHERS SIGNIFICANT EVENTS

1. Symposium/Workshop/Collegium
2. Prof. S.S. Sultan Akhtar Memorial Lecture
3. General Body Meeting of IAAP Members

ABSTRACT SUBMISSION

An abstract of the paper, for individual papers/posters are invited relating to the theme/sub themes of the conference as well as broader areas of Psychology. The sub theme in which the abstract has to be included and form of presentation should be mentioned. Proposals for Workshop/Symposium should include one abstract of the Workshop/Symposium proposal and maximum of 5 abstracts of individual presentations in the Symposium. The abstract/symposium should be typed in MS Word file format & sent to the Conference Director at iaap2021pbi@gmail.com

SUBMISSION GUIDELINES

1. Size of the Abstract should not exceed 250 words.
2. All submissions must be original and should not have been previously accepted for publication in any other journal, or presented in any other conference.
3. The abstract should describe the background, purpose, method, results (if any), and unique contributions of the research.

4. Indicate the form of presentation as ORAL or POSTER
5. Use 12-point Times New Roman Font for the text with single line spacing without indentations and 1 Inch margin throughout.
6. Include details of the author and all co-authors. The details of authors should include Name, Organization to which affiliate, email address and phone number.
7. It may be noted that the abstract received after due date will not be included in Souvenir/Book of Abstracts.
8. There will be a single presenter for each presentation and the certificate for presentation of the paper will be issued to that presenter only.

IMPORTANT DATES

Last Date of Submission of Abstracts(s): 5th Jan, 2021

Communication about Acceptance of Abstract(s): 10th Jan, 2021

Early Bird Registration: 15th Jan, 2021

Last Date of Submission of Full Papers: 20th Jan, 2021

Late Bird Registration: 31st Jan, 2021

Spot Registration: 16th Feb, 2021

WHO CAN PARTICIPATE?

IAAP conference, 2021 invites the contribution from Academicians, Scientists, Professionals, Researchers and Students from various fields of Psychology, allied subjects and multi-disciplinary fields.

ADVISORY COMMITTEE

Prof. G. Venkatesh Kumar President, IAAP	Dr. Agyajit Singh
Prof. Nov Rattan Sharma Secretary, IAAP	Prof. Baldev S. Sandhu
Dr. Updesh Kumar IAAP Regional President (North)	Prof. Vandana Sharma
	Prof. Gurminder Sokhey

Chief Patron:

Vice Chancellor, Punjabi University, Patiala

Patrons:

Dean Academic Affairs-Punjabi University

Dean Social Sciences - Punjabi University

The Registrar - Punjabi University

Conference Director:

Prof. Mamta Sharma

Chairperson, Department of Psychology

Punjabi University, Patiala

head_psychology@pbi.ac.in

Ph: 09876555222

Organising Committee:

Prof. Harprit Kaur

Prof. Damanjit Sandhu

Dr. Tarika Sandhu

Dr. Vidhu Mohan

Scientific Committee:

Prof. Sangeeta Trama

Dr. Nalini Malhotra

Dr. Sukhminder Kaur

Dr. Mandeep Kaur

Dr. Inderpreet Sandhu

Dr. Kamalpreet

Hospitality Incharge:

Dr. Mandeep Kaur

mandeepandhawa@pbi.ac.in

Registration Incharge:

Dr. Kamalpreet Kaur

ksoshi@pbi.ac.in

Category	Early Bird Registration up to 5 th Jan Extended to 15th Jan, 2021	Late Bird Registration up to 31 st Jan, 2021	Spot Registration (16 th Feb, 2021)
Delegates - IAAP Members	INR 800	INR 1000	INR 1200
Delegates - Non IAAP Members	INR 1000	INR 1200	INR 1500
Research Scholars/ Students	INR 600	INR 800	INR 1000
Foreign Delegates Developed/ Developing Countries	USD200/ USD100	USD250/ USD150	USD300/ USD200

* **SBI A/c No.: 39905860835, IFSC: SBI0050009**

Branch : Punjabi University Patiala, Punjab